

THE PROMOTION OF PSYCHO-SOCIAL HEALTH: multidisciplinary, integrated and institutional approaches to prevent violent behaviours and support victims of violence

EuroHealthNet Country Exchange Visit

REGIONE
TOSCANA



From 9.00 on Thursday 24 October – 15.00 on Friday 25 October 2019

This event, hosted by the Tuscany Region, will focus on interpersonal violence, both how to prevent such violence and to support victims of violence. Violence manifests itself through multiple dimensions (physical, psychological, verbal, sexual, gender, peer, etc.) and contexts (family, work, school) in people's lives. Interpersonal violence is a risk factor for lifelong health and social problems. It is preventable and the health sector has an important role to play in preventing and responding to violence, as a part of a multidisciplinary and multi-sectoral approach.

During the visit we will discuss approaches and public prevention practices to address violence and behaviours that can lead to violence. The participants will share experiences on how to prevent recurrence of violence through early identification of people who are experiencing violence and violent perpetrators, as well as different ways of providing appropriate referral and support. We will also discuss how best to provide comprehensive services and to sensitize and train health care providers in responding to the needs of survivors holistically and empathetically. What is the support available in different countries to both victims and perpetrators of violence?



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Programme day 1

8:30 Registration

Venue: Presidency of Tuscany Region, Piazza del Duomo 10, 20122 Florence

9:00 Welcome and Introductions

- Tuscany Region/EuroHealthNet
- *(Personal introductions from participants)*

Moderation: *Caroline Costongs*, Director, EuroHealthNet

9:30 The regional structure of the health and social care system in Tuscany

An overview of regional policies and initiatives

9.50 Activities of the Regional Social Observatory

Presentation of the annual report on gender violence in Tuscany

10.10 Activities of the Center for Regional Reference on Relationship Criticism (CRCR),

Health promotion and Violence prevention in the workplace

10:30 Overview of European policy and practice *(EuroHealthNet)*

Presentation of tools and (non)legislative processes from EU Institutions and discussion of how they resonate at national, regional, and/or local levels – and how they can be used to advance health promotion and support violence prevention

11:15 Coffee break

11:30 Knowledge Exchange: policies, strategies and available services/promising interventions across Europe on prevention of violent behaviours and early interventions to support children and families at risk

- **Adverse Childhood Experiences: prevention, mitigation and response**, *Mark Bellis*, Director of Policy, Research and International Development, Public Health Wales
- **Project P.I.P.P.I. presentation** *(Italy)*



A multidimensional intervention program created for families that face difficulty and promoted by the Ministry of Labour and Social Policies in collaboration with the University of Padua - Department of Educational Sciences.

(all participants are invited to shortly present experiences in their countries as part of the roundtable discussion)

13.00 Social lunch

14:00 Knowledge Exchange: How best to support victims of violence and engage with violent perpetrators?

Good practices addressing consequences of violent behaviours (domestic violence, sexual abuse and other criminal behaviour)

- **How to identify and support victims of violence**, *Helena Ewalds*, Head of Unit for Specialised Services, National Institute for Health and Welfare, Finland

(all participants are invited to shortly present experiences in their countries as part of the roundtable discussion)

- Introduction to the Site Visit 1, presentation of Regional Network of Anti-violence centres, Tuscany Region

15:30 Coffee break

15:45 Family picture

16:00 Site Visit 1

Visiting the headquarters of Artemisia, an association of the Regional Network of Anti-violence Centres: observing work in practice

Via del Mezzetta, 1, 50135 Florence

The Artemisia Association is committed to combating violence against women, children and adolescents and promoting their rights to security, integrity, dignity and equality.

17:30 End of visit and transfer to the city centre

20:00 Social dinner



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Programme day 2

NEW Venue: Directorate for Citizenship Rights and Social Cohesion, Tuscany Region, Via Taddeo Alderotti, 26/N, 50139 Florence

9.00 The reform of treatment for psychiatric patients found not guilty by reason of insanity
The REMS and community facilities

9.30 Presentation of the Site Visit 2: The Pink Code

10.00 Site Visit 2

The Pink Code: from project to regional network activating timely and effective pathways to provide immediate responses to the victims of violence

The Careggi University Hospital (AOUC), Largo G. Alessandro Brambilla 3, 50134 Florence

During the visit to the Careggi First Aid Unit at the Careggi University Hospital, guests will learn about the Pink Code (“Codice Rosa”), a path of access to the emergency room reserved for all victims of violence.

11.30 Site Visit 3

The Villa Lorenzi Project: educational services for prevention and rehabilitation of child and youth problems and addictions

Villa Lorenzi, Via P. Grocco 31, 50139 Florence

During the visit, participants will learn how the association designs and proposes responses to children and young people and their families both in terms of prevention and recovery and enhancement of personal resources for a meaningful change.

12.30 Lunch

13.30 Roundtable discussion: Impressions from the three site visits

- What were the main learning points?
- Are similar approaches taken in participating countries?

11:00 Knowledge exchange: Recommendations for the future



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What can health professionals do to prevent violent behaviour and to support and empower victims of violence? What can be done to address the underlying socio-economic determinants of health?

- Recommendations for programmes and activities for the next 5-20 years from the host and participants. What are your plans for the future to address violent behaviour in society and to protect victims of violence?
- Did you like any of the initiatives/policies/strategies discussed and would you suggest them to your colleagues back home?
- Are you engaged in any European initiative addressing issues discussed during this Country Exchange Visit?
- Do you have any suggestions for action at the European level?

14.45 Conclusions and Closing Remarks

From host and moderator

15.00 End of visit and coffee

